Some housekeeping items before we get started . . .

- Today’s ISO is for **summer start transfer, change of education level, and change of status students**. Our session is scheduled to end at 11 a.m. We’ll do our best!
- **Attendance will be taken during our Kahoot quiz** when you will type in your first and last name as a participant.
- **Students who are joining ISO by phone**: after today’s orientation please send an email titled “Attended virtual ISO on June 12th” to iss@studentlife.wisc.edu so we can note your attendance. Please include your full name and student ID#.
- **This session will be recorded** with the intention of making it available for your reference at a future date.
- **There will be time for questions after the presentation and Kahoot quiz**. At that time, you may unmute your audio and ask questions or type your questions in the chat box.
- **Please keep your audio muted throughout the presentation and Kahoot quiz**.
- **If you need to take a short break during the presentation, please wait until after our first section about important immigration rules, documents, and resources. 😊**
Welcome, Global Badgers. We’re glad you’re here!

Can you make a “W” for Wisconsin like Bucky?
Make a “W” for our group photo!
Today’s Agenda

• ISS’ role in supporting you
• Rules for maintaining your F-1/J-1 visa status
• Your important immigration documents and their purpose
• Working as an international student
• Getting a Social Security Number (SSN) and driver’s license
• Important U.S. laws to know and follow
• Using Terra Dotta and the ISS website
• Health, safety, and academic success resources
• ISS programs and engagement opportunities
• Settling in tips and resources from two ISS Global Badgers
• Kahoot quiz
• Questions & Answers (Q&A)
We’re always here to support you the best we can!

At ISS, we:

• Advise you on your options.
  • Explain immigration rules and UW policies to help you understand your responsibilities for maintaining your visa status.

• Process paperwork that allows you to work, get a Social Security Number (SSN), re-enter the U.S., etc.

• Run programs that help you adjust to UW and Madison, engage in co-curricular education, and get involved in student life.

• Support and advocate for YOU!!

We do not:

• Tell you WHAT to do.
  • Ultimately, what you do/don’t do to maintain your student visa status is your choice and responsibility.

• Make the immigration rules.

• Work for the U.S. Consulate, U.S. Customs & Border Protection (CBP), U.S. Citizenship & Immigration Services (USCIS), or other governmental agencies.

• Help you choose your classes (academic advising).
Maintaining Your Student Visa Status

• **YOU** are responsible for maintaining your visa status.

• Please pay attention to the rules and regulations.
  
  • Our website is a great resource for understanding the rules and regulations of your F-1/J-1 visa status: [iss.wisc.edu](http://iss.wisc.edu)
  
  • You can also send an Information Request or schedule an appointment with an ISS advisor in Terra Dotta.

• Keep your documents up to date.

• Carefully read any emails from ISS **AND** take action.
Key Rules for Maintaining Status

• Complete ISS Check-in.
• Enroll full-time.
• Update your address when you move.
• Maintain valid documents.
• Only work with authorization.
  • If you don’t know, please ask. 😊
• Follow U.S. laws and university policies.
ISS Check-in

• International students starting a new degree at UW-Madison are required by U.S. federal law to complete the ISS Check-in in the Terra Dotta portal within 15 days of their program start date (listed on page 1 of the I-20/DS-2019).

• Information and copies of documents needed for ISS Check-in:
  • NetID & password
  • Local address in Madison (cannot be a P.O. Box)
  • U.S. phone number
  • Emergency contact information
  • Home country address
  • Passport
  • F-1/J-1 visa
  • Entry stamp page
  • I-94 record
  • UW-Madison I-20/DS-2019
Full-Time Enrollment

Starting/ending your program in the summer:

- **6 credits** for undergraduate students, **4 credits** for graduate students
  (Lower minimum credit limit for some assistantships—check with your department)
- Enrollment in summer not required if not your first/last semester or not doing CPT

Full-time enrollment required during Spring & Fall Semesters:

- Undergraduate students: **12 credits**, Graduate students: **8 credits**
- Graduate students with 33.3% TA/PA: **6 credits**, Graduate students with 50% TA/PA: **4 credits**

Enrolling less than full-time requires a “Reduced Course Load” (RCL):

- Academic Difficulties
  - Usually only allowed first semester, must request with an International Student Advisor
- Medical Condition
  - Requires letter from medical professional
- Final Semester at UW-Madison
  - The semester before you graduate 😊 (Congrats!)
Online Credits and Leave of Absence

Online Credits

Conditions for summer start students completing semester online:
  • Currently in “Active” SEVIS status with a valid I-20/DS-2019
  • SEVIS transfer/change of education level/change of status student beginning a program of study in summer

Online credit rules when instruction returns to in-person classes:
  • F-1 students: You may take ONE online course per semester to count toward full-time enrollment.
  • J-1 students: Sorry, no online classes can be counted toward the full-time enrollment requirement for you!

*Mode of instruction for Fall Semester has not yet been decided; check our COVID-19 Updates webpage for the latest information about “Enrollment and Status.”

Leave of Absence

• Requires you to leave the U.S. for a semester.
• Used for:
  • Withdrawing from UW-Madison
  • Taking one or more semester off from you studies
  • Enrolling only in online courses during fall, spring, or your final semester
  • Studying abroad or conducting research outside the U.S
Updating Your U.S. Address

• When you move, you must update your address in MyUW within 10 days. This information will then update in your Terra Dotta portal within 24 hours.
Passport

• Should be valid at least **6 months** into the future
• If expiring, contact your country’s passport granting agency
  • You may be able to renew it while in the U.S.
  • You may want to renew it during a visit to your home country.
• Advice:
  • Keep passport safe.
  • Make a copy of your passport to keep in a separate place from your passport.
  • Take your passport with you when traveling outside the U.S. or domestically inside the country
  • Do NOT let it go through the washing machine!
U.S. Visa

- Your U.S. visa = permission to knock at the door
  - U.S. CBP decides at your port of entry whether you can be admitted.
- May be for single or multiple entries.
- Must be valid when you first ENTER/later RE-ENTER the U.S.
- Can expire while you stay in the U.S.
- Must apply for a new visa at a U.S. consulate abroad if:
  - You’re traveling internationally and your visa has expired
  - Your visa was issued as a single-entry visa
I-20s & DS-2019s

• Your I-20/DS-2019 ALWAYS needs to be valid—DO NOT LET IT EXPIRE DURING YOUR PROGRAM!

• Tip:
  • Request “Program Extension” up to three months in advance—you should know then whether or not you are ready to graduate/complete your program! 😊

• Need valid travel endorsement
  • BEFORE leaving the U.S., get a travel endorsement from an International Student Advisor, which allows you to re-enter the U.S. when you come back to UW.
  • Use the I-20/DS-2019 Reprint Request form in Terra Dotta.

• Keep all copies of your I-20s/DS-2019s.
  • DS-2019s cannot be sent as electronic copies per J-1 federal regulations.
I-94 Record

What is it?
- U.S. Customs & Border Protection’s (CBP) electronic record of your entry to the U.S. by air or sea. If you travel by land to either Mexico or Canada, you will not have one.

Check the information!
- “Admit Until Date” should read D/S (“Duration of Status”)
  - D/S allows you to stay in the U.S. as long as your I-20/DS-2019 is valid and you are maintaining your F-1/J-1 visa status.
- Check your name.
- Check the date of entry.
- Check your class of admission
  - Must read F-1/J-1 to be eligible for full-time study and on-campus work.
International & Domestic Travel: What You Need

Documents needed for international travel:

- Valid passport
- Valid U.S. visa
- Valid I-20/DS-2019 with valid travel endorsement
  - Is the program end date in the future?
  - Have a travel endorsement from an ISS staff member on page 2?
  - Is the travel endorsement less than a year old?
  *Different for students on Optional Practical Training (OPT)

Additional recommended international travel documents:

- Printed copy of current I-94 record
- Printed enrollment verification or transcript (found in MyUW)
- Proof of I-901 SEVIS payment
- Proof of funding (financial documentation you used to receive your initial I-20/DS-2019)

Documents needed for domestic travel within the U.S.:

- Valid passport
- Valid I-20/DS-2019
- Enrollment verification/transcript and other documents listed above to be extra safe
Social Security Number (SSN)

• Once employed, you need one!

• Complete and submit the **Social Security Number (SSN) Letter** form in Terra Dotta. You must show a job offer letter. We will create an SSN letter, which you take to the Social Security Administration office.

• You should not have to share this with rental agencies, etc., but they may ask for it.
Working as an F-1 Student

On-Campus Employment

• May work up to 20 hours per week.
• Will apply for a Social Security Number (SSN) through ISS and the local Social Security Administration office.

Off-Campus Employment

• Requires unique authorization!
• Two types:
  • Curricular Practical Training (CPT)
    • During your program
    • Must apply through ISS
  • Optional Practical Training (OPT)
    • Usually after your program
    • Apply through ISS and then USCIS

*Plenty of helpful information about employment can be found on the ISS website: iss.wisc.edu/employment/

Please start there! 😊
Working as a J-1 Student

On-Campus Employment

• May work up to 20 hours per week while school is in session.

• Need permission from sponsor (Box #2 on DS-2019)

• Will apply for a Social Security Number (SSN) through ISS and the Social Security Administration office.

• Get a letter from ISS which you will show your on-campus employer.

• Must be updated in Student & Exchange Visitor Information System (SEVIS).

Academic Training (AT)

• Off-campus work authorization through ISS

• Up to 20 hours part-time per week while school is in session.

• May be over 20 hours full-time while school is not in session.

• Must be over 20 hours full-time if applying for Academic Training after completing program.

• Need permission from sponsor/ISS (Box #2 on DS-2019)

• Needs to be authorized in SEVIS by ISS BEFORE you start your employment.
Grace Period After Your Program

F-1 students & F-2 dependents = 60 Days
J-1 students & J-2 dependents = 30 Days

• Check the “Program Completion Checklist” on the ISS website well in advance of your program end date.
• If you exit the U.S. during your grace period, you cannot reenter during your grace period in F-1/J-1 status.
• Questions about your post-program options? Please contact ISS BEFORE your grace period!
Dependents: F-2 & J-2 Visa Holders

**Dependents** are the spouses and children (under age 21) of F-1 and J-1 visa holders.

**F-2 visa holders**
- **Study:**
  - Spouses: part-time only
  - Children: full-time through high school and part-time at post-secondary level until age 21
- **Employment:**
  - Not allowed

**J-2 visa holders**
- **Study:**
  - Spouses: full-time
  - Children: full-time until age 21
- **Employment:**
  - Dependents may request temporary authorization through USCIS.

You can add a spouse/child to your F-1/J-1 SEVIS record by completing a **Dependent Request** in Terra Dotta.

Pets are not visa holders, but these puppies sure are cute! 😊
• International Driver’s Licenses:
  • Valid for ONE year if driving a personal or rental car. See Wisconsindot.gov to see if this applies to your country.
  • After one year, you must meet the licensing requirements of WI resident.

• To get a WI Driver’s License:
  • You must be enrolled full-time. This impacts your SEVIS record being registered.
Some U.S. Laws to Know

Your visa requires you to follow U.S. federal law.

• Important U.S. federal laws:
  • Legal age to purchase and consume alcohol is 21
    • Giving or purchasing alcohol for someone under 21 is illegal.
    • Public intoxication is an arrestable offense.
    • Drunk driving invalidates your visa.
  • Legal age to purchase and use tobacco/e-cigarettes (vaping) is 21
  • Drugs are illegal in the U.S.
    • Marijuana is legal in some nearby states like Illinois and Michigan, but illegal in Wisconsin and also against federal law.

• Fighting and domestic abuse can lead to arrest
• Violating U.S. law or campus policy can lead to your expulsion from the University
• For U.S. law questions/concerns, contact UW Police Department (UWPD):
  • Non-emergency phone number: 608-262-9768
  • Police email: uwpolice@mhub.uwpd.wisc.edu
• For UW-Madison policy questions, see the Office of Student Conduct and Community Standards website: conduct.students.wisc.edu
Terra Dotta is the International Student Portal to ISS and immigration support. Access Terra Dotta by logging into MyUW, searching “Terra Dotta” and adding it to your home page in your Student Center. Use Terra Dotta to submit request forms, make appointments with advisors, submit Information Requests, and read important announcements. Updates you make in MyUW feed into Terra Dotta within 24 hours.

*Terra Dotta is not a human being and there is no one at ISS named “Terra”! 😊
Use our amazing website!

When you’re not sure about something related to your F-1 or J-1 student visa status, check the ISS website first: iss.wisc.edu. It’s an AMAZING resource that can help answer many of your questions!

Key pages on our website:

- **Homepage**:
  - “COVID-19 Updates”
  - “Advising Appointments”
  - “Travel”
  - Other hot topics and important announcements
- **“Students” tab**:
  - “Current Students”
  - “Health and Safety”
- **“Employment” tab**:
  - “F-1 Employment”
  - “J-1 Employment”
  - “Taxes”
- **“About” tab**
  - “Hours”

ISS is located on the **second floor of the Red Gym**, the castle-like building next to Memorial Union. Our office is currently closed due to COVID-19. We look forward to being back in our historic location once the University eventually returns to in-person operations.
Your Health, Safety & Success
UHS Services

• **Services provided:**
  • Medical care for non-complicated illness, injuries
  • Women’s health
  • Wellness and preventative care
  • Behavioral health
  • Mental health

• **Eligibility:** undergraduate, graduate, or professional students enrolled for the current semester.

• **Costs:** Free to low-cost (e.g. massage, acupuncture, physiotherapy)
Make an Appointment

• **Medical appointments**
  • Appointments are required for most medical services.
  • No appointments are needed at the Lakeshore Clinic.
  • Appointments can be made by calling **608.265.5600, option 1** or logging into MyUHS for 24-hour web appointment booking.

• **Mental health appointments**
  • New client must schedule an **Access Appointment** first.
  • Appointments can be made by calling **608.265.5600, option 2**
  • Access Appointment can also be made by logging into MyUHS for 24-hour web appointment booking.

**Due to COVID-19, most appointments are offered remotely until further notice.**
Mental Health Appointments

Step 1

Access Appointment
- book online at MyUHS or
- call (608) 265 5600 option 2

Step 2

Counseling
- Individual; couples
- English, Spanish, Mandarin

Psychiatry

Group Therapy / Workshops

Other resources and support

24/7 Crisis Line (608) 265 5600 #9
Beyond UHS

- **SilverCloud** is an online, self-guided, interactive mental health resource that provides students with accessible cognitive behavioral interventions 24 hours a day.

- **YOU @ WISC** is a student connection portal with interactive modules within three overarching themes—succeed, thrive & matter—engage students in many facets of life including community involvement, mental and emotional well-being, and academic and professional success.
Recreation & Wellbeing (RecWell)

• Students like you are members!
• Current virtual programs:
  • Group fitness classes
  • Game nights
  • At-home workouts
  • Personal training
  • Wellbeing resources
• In-person offerings (hopefully in fall):
  • Intramural sports
  • Sports clubs
  • Lessons
  • Athletic training
  • Group fitness
  • Yoga
  • “Light of the Moon 5K”, “Active Badger Day” & other special recreation events
• Check out the RecWell website for more information: recwell.wisc.edu
What is a scam?

- A **scam** is a dishonest attempt to get money or something else of value. Scammers are people who lie and misrepresent themselves to steal your money and confidential information.

A few common types of scams:

- **Immigration scams**: someone claiming to be a U.S. Immigration official or an official from another government
- **Tax scams**: someone claiming to be from the Internal Revenue Service (IRS) saying you owe money
- **Employment scams**: someone claiming to find a job for you if you pay them money
- **Tuition scams**: someone claiming to provide a tuition discount if you use their service
Common Scam Themes

• A caller, email, or letter will try to **threaten or intimidate you**, saying you owe money, will be deported/arrested, etc.
• A scammer/scam will **demand that you take immediate action or face punishment**.
• A scammer/scam may **use legal-sounding language** such as “federal regulations” and “visa fee” to sound legitimate.
• A scammer/scam may **contact you in your native or preferred language**.
• A scammer will **keep you on the phone for a long time** and will not let you hang up until they get what they want.
• A scammer may **tell you to keep the conversation a secret**.
• **“Spoofing”** – when the caller ID or phone number looks like a government agency or police.
Avoiding Scams & Fraud

• Department of Homeland Security (DHS) may call you about your SEVIS record, but they will never demand payment or gift/pre-paid cards on the phone.

• U.S. government agencies (IRS, USCIS, Dept. of State) and law enforcement (police) will never ask for money over the phone and take immediate action.

• Never cash checks that arrive in the mail unexpectedly.

ISS’ advice to you:

• Hang up call/do not reply to email.
• Do not give money or promise to give money.
• Do not tell them any personal or financial information e.g., SSN, bank account info., etc.
• If you receive a call/email and you’re not sure if it is a scam, contact ISS for a second opinion.
  • Report it to ISS by emailing/forwarding the email to iss@studentlife.wisc.edu.
  • Remember: when one person reports a scam, ISS can alert all international students.

• Check out these scam awareness websites:
  • ISS: https://iss.wisc.edu/students/current-students/health/avoiding-scams-fraud/
  • UW-Madison Office of Cybersecurity: https://it.wisc.edu/scam-alerts/
• If you feel threatened or in danger, call 911.
When to Call 911

- **911** is the emergency number in the U.S.

- **When to call 911:**
  - If you witness a crime
  - If there has been a car accident
  - If a building is on fire
  - If someone collapses or passes out

- **When to not call 911:**
  - As a joke/prank call
  - If you are having trouble getting tickets to a UW football game
  - If it has been 15 days since you submitted your request and ISS has not yet processed it

- UW Police Department (UWPD) non-emergency line: *(608) 264-2677*
10 Safety Tips

1. Maintain social distance of 6 ft. (1.8 meters) in public spaces and wear a mask.
2. Always be aware of your surroundings.
3. Avoid wearing headphones or looking down at your phone when going places, especially while walking alone or crossing streets.
4. Use the crosswalks when walking across streets; not using them is called “jaywalking” and is dangerous, even if you have a J visa! 😊
5. At night, walk with a friend/classmate/roommate and try to use a well-lit route. If you feel unsafe walking, contact UWPD (608-264-2677) and wait somewhere you feel safe.
6. Trust your instincts. If you feel something isn’t quite right, don’t take chances. Change your plans or call for help.
7. Tell someone your plans, your travel route, and when to expect your arrival.
8. Be careful when using rideshare services or apps.
9. Do not carry large amounts of cash with you.
10. Lock up your home, car, bicycle, and other valuables.
Safety Resources


- **Emergency Telephones** - placed throughout campus (over 60 currently in place) and connect instantly to the local emergency operator.

- **University of Wisconsin Police Department (UWPD)** - serves as our campus police force and works in conjunction with the City of Madison police force. The UWPD is available 24 hours a day, 7 days a week if you need them: [https://uwpd.wisc.edu/about-uwpd/contact-uwpd/](https://uwpd.wisc.edu/about-uwpd/contact-uwpd/)

- **WiscGuardian App** - run by UWPD, this app turns your cell phone into a personal safety device. For more information, visit the UWPD website or go to [www.wisc.edu](http://www.wisc.edu) and search "WiscGuardian.”
Safety Resources

• **Nighttime Campus Bus Service** - option for getting home late at night. Be sure to check the schedule in advance and confirm late night busses are running at the time when you plan to use them: [https://transportation.wisc.edu/bus/](https://transportation.wisc.edu/bus/)

• **Badger Watch** - a volunteer crime prevention program led by UWPD that provides free training to students and staff about safety issues on campus and tips to keep yourself safe. Badger Watch website: [https://uwpd.wisc.edu/staying-safe/badger-watch/](https://uwpd.wisc.edu/staying-safe/badger-watch/)

• **SAFEwalk** - a free nightly service that sends student employees to accompany you home from anywhere on campus. It’s currently unavailable due to COVID-19, but will resume once classes and campus services are in-person again. SAFEwalk website: [https://transportation.wisc.edu/safewalk/](https://transportation.wisc.edu/safewalk/)
Academic Success Resources

Writing Center: writing.wisc.edu
  • Virtual appointments, written feedback, workshops
  • One-on-one support

Greater University Tutoring Services (GUTS): guts.wisc.edu
  • Virtual drop-in tutoring and academic match program
  • Virtual study skills appointments

Libraries: library.wisc.edu
  • Renting laptops
  • Accessing textbooks, articles, ebooks, and databases

Academic Advising Support: advising.wisc.edu
  • Virtual appointments with advisors via Starfish, Microsoft Teams, Google Hangout, phone

Computer and Tech Support: it.wisc.edu
  • Teaching & Learning digital tools and resources
  • Virtual Software Training for Students (STS) sessions

Learning Support Services: https://academicsupport.wisc.edu/learning-centers-continuity/

UW-Madison COVID-19 website: https://covid19.wisc.edu/for-students/
Making the Most of Your Global Badger Experience
Get Involved in ISS Programs!
International Reach: Cross-Cultural Speakers Program

Reach is a **global engagement program** that allows international students, scholars, and their dependents to volunteer in the campus and Madison communities to share about their countries, culture, and current events.

Apply this July to join the cohort for 2020-21!

Website: iss.wisc.edu/international-reach | Contact: reach@studentlife.wisc.edu
BRIDGE is an **international peer mentorship program** that matches international students with UW student mentors. Mentors and mentees can gain leadership skills and an understanding of social justice by joining BRIDGE.

Website: bridge.iss.wisc.edu | Contact: bridge@studentlife.wisc.edu
International Student Advisory Board (ISAB)

ISAB is a new initiative to build a bridge between international students and ISS at UW-Madison. We serve as a group to advocate for the unique needs of international students as we work to create a more inclusive and globally engaged environment.

Check this link for more information: https://iss.wisc.edu/get-involved/international-student-advisory-board/

Contact: ISAB@studentlife.wisc.edu
ISS and International Faculty and Staff Services (IFSS) will host a virtual town hall meeting next Tuesday, June 16, 9:00-10:00 a.m. Central Daylight Time (CDT).

Together our offices will:

• Discuss how recent events and the global pandemic are impacting UW-Madison international students’ and scholars’ Wisconsin Experience.

• Give an overview of recent U.S. federal immigration updates affecting international students and scholars and their family members.

• Share how we are working to support you through these changes.

• Do our best to answer your questions and address your concerns.

*You can find the Webex meeting link for the town hall on the ISS Event Calendar and also as an announcement in Terra Dotta. Please join our discussion if you have time next Tuesday morning!
**Madison Friends of International Students (MFIS)**

**MFIS** is a **community organization of local volunteers** who support **UW international students, scholars, and their dependents** through programs such as Global Friends, Temporary Homestay, Furniture Program, and Thanksgiving Hospitality.

Website: mfismadison.com | Contact: info@mfismadison.org
ISS is committed to creating meaningful and engaging experiences for UW-Madison international students, also known as “Global Badgers.” We host and collaborate on a variety of engagement, translational, and co-curricular education programs and events that focus on leadership development, social justice, and learning through the Wheezing Experience. Our programs and events aim to foster global citizenship, career development, and personal growth for all Global Badgers while enhancing international education within our campus and local communities.

- **INTERNATIONAL REACH, CROSS-CULTURAL SPEAKERS PROGRAM**
  Learn about the cross-cultural speakers volunteer program and improve your presentation skills.
- **BRIDGE BUILDING RELATIONSHIPS IN DIVERSE GLOBAL ENVIRONMENTS**
  Find out how to apply for this International Peer Mentoring program and make new friends.
- **INTERNATIONAL STUDENT ADVISORY BOARD (ISAB)**
  Join fellow international students in advocating for campus issues that matter to you.

- **ISS AFFILIATED STUDENT ORGANIZATIONS**
- **GLOBAL BADGER EXPERIENCE GRANT (GBE GRANT)**
- **MADISON FRIENDS OF INTERNATIONAL STUDENTS (MFIS)**
ISS Communications

Just ISSued
The International Student Services Newsletter

• Emailed to you biweekly
• Features:
  • Important immigration-related updates and reminders
  • Campus news
  • Resources and articles on student success and well-being
  • “8 Facts” videos

ISS Announcements

• Posted on the homepage of the ISS website
• Posted in Terra Dotta
• Sent to you via email in Terra Dotta

ISS Social Media Sites

• Facebook, Instagram, Twitter, YouTube
I wish I could have known this before school starts…

Get ready for your Wisconsin Experience!
Introduction

Name: Dong Chen
Hometown: Wenzhou, China
Major: Global Higher Education
Position: ISS Assistant & ISAB Coordinator

Name: Jensen Sang
Hometown: Hangzhou, China
Major: Business Analytics
Position: Orientation Program Assistant
Campus Involvement

Academic Life
• Academic advisor, writing center, librarian, and more
• School website for event & class information
• Study spaces around campus
  • Libraries: Memorial Library, College Library, law library, and more
  • Cafes
  • Study rooms

Social Life
• Football and other sports events (Go Badgers!)
• Union events: winter carnival, theater season events, and more
• State street, Capitol Square, and farmers' market
• Center for the first-year experience

Career Life
• On-campus job opportunities
• Handshake
• Wisconsin Alumni Association (Badger Bridge)
Life in Madison: Find ways to make new friends

Seek out multicultural resources
- Multicultural Student Center (MSC),
- International Student Services (ISS)

Connect with other students in class/event
- Introduce each other during class/event
- Participate in the class/event actively

Reach out to student organizations on Wisconsin Involvement Network (WIN)
- Search the organization that you are interested in
- Send an email to introduce yourself and/or follow their social media
- Stay in touch with the organization once they are recruiting for new members

Stay tuned on your email inbox and other social media platforms, such as Facebook local events
- Find something interesting events from your email inbox
- Participate meaningful events online/local
Life in Madison: Advice on living with roommates

Agree on ground rules
• Chores
• Quiet hours
• Guest policy

Track household expenses timely
• Set monthly roommates meeting
• Be clear about expenses

Get to know each other
• Be respectful to each other
• Have a good communication
• Learn from each other
• Don't forget to hang out! :)}
Life in Madison: How to improve your English skills

Learn English by watching TV shows and movies
- TV Shows Suggestions: Friends, the office, etc.
- Movies: The Shawshank Redemption, Inception, Avengers, etc.

Keep reading and listening
- Podcasts: Voice of America, TED, etc.
- Get used to reading books in English

Don’t be afraid to make mistakes and speak up your idea
- Get to the point you want to talk about
- Learn from your mistakes
Life in Madison: Overcome your homesickness

Find a balanced point to meet new people while stay connected with family
• Have regular calls and updates with family to let them know you are okay
• Get out of your comfort zones to meet new people
• Make some your hometown dishes and share with your friends

Stay positive
• Find ways to relieve stress
• Focus on something you can accomplish
• Keep healthy

Explore your surroundings
• Museums
• Lake Mendota
• Local stores on State Street
Current events impacting your experience: COVID-19

Statement on community respect and support by UW-Madison Chancellor Rebecca Blank

“We are aware of an increase in bias incidents on or near campus and online that have targeted our Asian, Pacific Islander, and Desi-American students and employees, particularly those from or perceived to be from China and East Asia.

We want to be clear that racist behaviors or stereotyping of any kind are not tolerated at UW–Madison—no matter if we are online, passing others in public, or quarantined at home.”

Useful Resources and Websites:

• UW-Madison COVID-19 information: https://covid19.wisc.edu/
• If you experience harassment or discrimination, please file a bias incident report
• Several of the university’s free mental health resources are available online
• Multicultural Student Center: https://msc.wisc.edu
• Center of Disease Control and Prevention: https://www.cdc.gov/
• John Hopkins University Covid-19 Map Update: https://coronavirus.jhu.edu/map.html
• Respect Statement: If you are a student who has experienced harassment or discrimination, please file a bias incident report. Employees may file a complaint with the Office of Compliance.
On May 25, **George Floyd**, a 46-year-old black man suspected of passing a counterfeit $20 bill, died in Minneapolis, Minnesota after Derek Chauvin, a white police officer pressed his knee to Floyd’s neck for almost nine minutes while Floyd was handcuffed face down in the street.

There have been **Black Lives Matter (BLM)** demonstrations, large and small, in at least 430 cities and towns, Madison included, across all 50 states. The number of places that have held rallies or protests is still growing.
Some notes on demonstrations from UW-Madison

Purpose & Philosophy

The University of Wisconsin-Madison strongly values **free speech** both in the statement of an idea and in the response to that idea.

UW-Madison endeavors to educate students to become **responsible citizens** of the world who exercise critical thinking.

Protests and demonstrations that materially and substantially **disrupt** the rights of others to engage in or listen to expressive activity shall not be permitted and shall be subject to sanction.

Components of a Disruption

- **When**
- **Where**
- **How**
Examples of Disruptive and Non-Disruptive Behavior

**Likely Disruptive**

- Blocking the vision of others in any manner
- Producing noise that interferes with events and activities
- Laser pointers
- Turning off lights in the room
- ...

**Likely Non-Disruptive**

- If signs are allowed in the event, holding an 8.5”x11” poster in front of one’s person.
- Props, costumes or other items, assuming they are allowed in the event, and don’t block anyone’s view or ability to hear.
- ...

**Disruptor**

The possible consequences if a student is found responsible for second violation of the Regents’ policy during the student’s enrollment is suspension for a minimum of one semester. Any student who has been responsible for a disruption for a third time will be expelled, per Regent policy.

**Useful Resources and Websites:**

- Creating community – promoting Equity, Diversity and Inclusion at UW-Madison: [https://diversity.wisc.edu/](https://diversity.wisc.edu/)
Ready for a quiz? Let’s play Kahoot!
Thank you for your attention!

Time now for Questions & Answers (Q&A)
Thank you for being part of our first ever virtual ISO, Global Badgers!