WHERE TO FIND HEALTH RESOURCES

2023 EDITION
CAMPUS HEALTH RESOURCES

1. Physical Health
   • Campus Clinic
   • Pharmacies
   • Gym&Fitness

2. Mental Health

3. Student Health Insurance
The extent of an individual’s continuing physical, emotional, mental, and social ability to cope with the environment.

UNIVERSITY HEALTH SERVICES

University Health Services (UHS) is the University of Wisconsin-Madison’s health center that provides medical and mental health services to UW-Madison students.
PHYSICAL HEALTH

Campus Clinic

- Main UHS Clinic – 333 East Campus Mall
  - 5th floor: Medical Services (Primary Care)
  - 6th floor: Medical Services (Allergy, Immunotherapy, Sexual Health, Gynecology), Psychiatry
  - 7th floor: Mental Health Services, Student Health Insurance Plan (SHIP)
  - 8th floor: Survivor Services, Health Information Management (HIM)
PHYSICAL HEALTH
Campus Clinic

- Lakeshore Clinic – Dejope Hall (drop-in only) – Closed during the summer term
  - Room 1104: Minor illness and injury treatment

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Walgreens

- Walgreens is a convenience store with food, water filter, and personal care.
- There are two Walgreens close to the UW campus, one on states street crossed the street from the university bookstore, and the other one at the corner of university avenue 333.
CVS Pharmacy is a leading U.S. retail chain for prescriptions, health products, and everyday items.

CVS Pharmacy near UW-Madison can be found on State Street and University Avenue.
Pharmacies can also be found in Walmart and Target.
PHYSICAL HEALTH
Gym & Fitness

- RecWell - Fitness/Gym resources
  - Nicholas Recreation Center
  - Bakke Recreation & Wellbeing Center
  - Nielsen Tennis Stadium
  - Near West Fields
MENTAL HEALTH

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HEALTHY MINDS SURVEY

1 in 3 students have experienced anxiety or depression at UW-Madison

You are not alone!!!
MENTAL HEALTH

Mental Health Services (MHS) at UHS

For most services at UHS, including Mental Health Services, you will want to make an appointment. Log in to MyUHS, download the MyUHS app, or call 608-265-5600 (option 2) to make an appointment.
STUDENT HEALTH INSURANCE

Student Health Insurance Plan (SHIP)

SHIP is a comprehensive health insurance plan that is specifically designed to safeguard the health of UW–Madison students. By administering the plan locally at University Health Services (UHS), we keep costs as low as possible—ensuring that the plan is tailored to the needs of our members.
STUDENT HEALTH INSURANCE

SHIP Office Location

333 East Campus Mall, 7th floor, Madison, WI 53715-1381

Office Hours: 9 am–5 pm, Monday–Friday

Phone: 608-265-5232; Fax: 608-265-5668
shipmail@uhs.wisc.edu
Welcome!

Badgers

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